

50 Years of History

Spain

Name of organisation: Umbrella Group Spain (UGS)

Asociación Española de Terapia Manual/Manipulativa Ortopédica (OMT Spain)

The Associació de Fisioteràpia Manual (AFM).

Year organisation started: 1998

Member of IFOMPT since: 2005

Key influencers of OMPT through the years:

Key influencers of OMPT were Professor Freddy Kaltenborn (Norway) and Professor Olaf Evjenth (Norway), as well as, relevant members of the teacher's team of the Kaltenborn-Evjenth Concept as Professors Traudi Baldauf-Kaltenborn (Germany), Björn Störe (Norway), Lasse Thue (Norway), Jochen Schomacher (Germany), Roar Robinson (Norway), Markku Paatelma (Finland), John Krauss (USA), Andreas Gattermeier (Austria), Ragnar Faleij (Sweden) and José Miguel Tricás Moreno (Spain).

Developments over the years:

Dr. José Miguel Tricás Moreno, Professor at the University of Zaragoza and President of the Asociación Española de Terapia Manual/Manipulativa Ortopédica (OMT Spain), started the OMT course at the University of the Zaragoza in 1998. The Master of OMT in the University of Zaragoza has qualified around 2000 physiotherapists to this time. Dr. César Hidalgo García, Professor at the University of Zaragoza and member of the executive committee of OMT-Spain is the President of OMT Kaltenborn-International.

In 2022 OMT-Spain formed an umbrella group “OMT Umbrella Group Spain (UGS)” with the Associació de Fisioteràpia Manual (AFM). In 2004 OMT-Spain was voted to be full-member of IFOMT.

Any major changes or challenges in the last 50 years:

The major change has been to introduce, spread and make known Orthopedic Manual Therapy in the education of the physiotherapists in Spain, both at undergraduate and postgraduate levels to expand on the original courses in the University of Zaragoza.

Current status and challenges:

The challenge now is trying to make students understand the complexity of the knowledge, skills, attitudes and aptitudes necessary to be a good manual therapist.

The future of the organization:

The future will be based on training and incorporating new generations in teaching OMT. There also needs to be a continuous process of innovation in the curriculum of Masters programs due to the large amount of scientific evidence currently available and which will be developed in the future.
