

50 Years of History

Italy

Name of organisation: GTM – Gruppo di Terapia Manuale e Fisioterapia Muscoloscheletrica

Year organisation started: 1999

Member of IFOMPT since: 2004

Development over the years: The GTM has the following functions and activities:

- a) to contribute to the development and dissemination of good clinical practice documents and dissemination products for patients in the field of musculoskeletal physiotherapy
- b) to organize and implement training courses in musculoskeletal physiotherapy in association with the Italian Association of Physiotherapy (AIFI)
- c) to encourage physiotherapists to speak at conferences and events
- d) to support the territorial realities of the AIFI in relationships with Physiotherapy Degree Courses and postgraduate training courses
- e) promoting the production of Guidelines and Good Practices
- f) to support the processes for Guidelines and Good Practices in musculoskeletal physiotherapy
- g) to support international standards of excellence in specialized University Masters Courses

Any major changes or challenges in the last 50 years: GMT, achieving membership in IFOMPT, confirmed the great work done by an entire team. We represent a united, board and mature association that was able to meet the challenge for recognition as a modern profession in step with the changing times. In 2021 IFOMPT renewed the trust and confirmed the Membership of the AIFI Manual Therapy Group and Italy as Member Organisation, which will lead towards new and exciting goals.

Current status and challenges: The GTM, as the sole representative of IFOMPT in Italy, is responsible for the monitoring 8 University Masters programs for specialisation in Musculoskeletal and Rheumatology Physiotherapy. Currently, more and more collaborations and agreements are being created with scientific societies of other health and medical professions so that, from an interdisciplinary perspective, the quality of services offered to citizens and professionals can be improved. In the future, it will be necessary to integrate the new acquisitions of artificial intelligence in a relational and strongly humanistic context such as healthcare, and physiotherapy is not exempt from this process. Creating more and more relationships between the GTM association and its members will allow it to acquire more and more capacity for capillary intervention throughout the country.

The future of your organisation: GTM will become the point of reference for scientific societies of other health and medical professions for collaboration in the musculoskeletal and rheumatology fields. There will be dialogue and literature production through collaboration with other professionals.

The GTM aims to be the point of reference for professionals who want to specialise and update their curriculum in the musculoskeletal field to incorporate events of high scientific importance. The GTM will moreover collaborate with the international bodies of IFOMPT to build the future of musculoskeletal physiotherapy by drawing guidelines for research and clinical practice.
