

50 Years of History

Egypt

Name/s of organisation: Orthopaedic Manual Therapy Academy Egypt

Year organisation started: 2017.

RIG of IFOMPT since: 2017

Key Influencers of OMPT over the years: In 2005, Mahmoud Saad, an Egyptian Physiotherapist, embarked on an academic journey to the UK, joining Sheffield Hallam University as a musculoskeletal lecturer. His tenure at SHU exposed him to a multitude of experts in the field, igniting his passion to introduce modern musculoskeletal concepts to his compatriots. Saad collaborated with like-minded colleagues who shared his vision. Attending the IFOMPT Glasgow conference in 2016 reinforced his belief in the transformative potential of joining the IFOMPT family. The subsequent establishment of OMTA in 2017 marked the beginning of a new chapter, culminating in Egypt's inaugural specialist OM conference chaired by Ken Olsen, then President of IFOMPT.

Development Over the Years: The journey of Orthopaedic Manual Therapy Academy Egypt has been one of steady growth and innovation. From humble beginnings rooted in Saad's initiative to educate his peers, the organization has blossomed into a beacon of excellence in musculoskeletal care. The establishment of OMTA and the successful hosting of Egypt's first specialist OM conference underscore its commitment to advancing the field. February 2024 marked the 6th edition of this conference. It is now a usual practice that physiotherapists from Asia and Europe to travel to Egypt to attend this annual musculoskeletal event.

Any major changes or challenge in the last 50 years: One of the primary hurdles encountered over the past five decades was the pervasive lack of public awareness regarding the pivotal role of physiotherapy. However, concerted efforts and advocacy initiatives have led to a significant shift in societal perceptions, bolstering the recognition of physiotherapy as a cornerstone of holistic healthcare.

Current status and challenges: Orthopaedic Manual Therapy Academy Egypt stands at the forefront of Egypt's physiotherapy landscape, poised to overcome contemporary challenges and chart new avenues for growth. Despite notable progress, persistent obstacles such as resource constraints and regulatory barriers continue to impede the organization's endeavors.

The future of the organisation: Orthopaedic Manual Therapy Academy Egypt envisions a future marked by continued expansion and influence. Aspirations include attaining full membership status within IFOMPT, fostering collaborations with universities to integrate IFOMPT guidelines into master's programs, and spearheading initiatives aimed at elevating the standards of musculoskeletal care across Egypt. Through unwavering dedication and a pioneering spirit, the organization remains steadfast in its commitment to advancing the frontiers of orthopedic manual therapy in Egypt and beyond.
