

## 50 Years of History

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### Chile

**Name of organisation:** Asociación de Grupo de Interés Registrado en Terapia Manual Ortopédica de Chile or RIG TMO Chile

**Year organisation started:** 2018

**RIG of IFOMPT since:** 2019

#### **Key influencers of OMPT through the years:**

The OMT has come a long way in the history of Chile. Starting in the 60s, manual techniques were already practiced on patients treated by physical therapists, but it was not until 1982 with the visit of Freddy Klaternborn to Chile that the first manual therapist certifications were formalized through the College of Physical Therapists. During this same period, Dr. Mariano Rocabado began the continuous development of manual therapy in Chile and the world, generating research and training of manual therapists. Since then, multiple schools have trained physical therapists on the OMT field, with PT Rodrigo Latorre being one of the most influential PTs in training manual therapists through postgraduate courses with the University of Chile in the last 15 years.

#### **How has it developed over the years:**

During the last 20 years, multiple concepts of OMT have informed colleagues in Chile such as Cyriax, McKenzie, Mulligan and Maitland. Each of them focused on the diagnosis and treatment of our patients through orthopedic manual therapy. This has allowed orthopedic manual therapy to be positioned as an important tool in the treatment battery of Chilean colleagues.

#### **Major changes or challenges in the last 50 years:**

Like all challenges in our profession, we have not been exempt. One of the main challenges occurred during the global pandemic, where manual therapists had to make a change in the approach to the patient, we were deprived of contact for a long time, which previously dictated management through the OMT. Since then, new tools have emerged which have allowed us to treat our patients in a more integrative way and using OMT as a complement.

#### **Current status and challenges:**

We are currently in the reactivation phase since after the pandemic the RIG was inactive for a few years. The board is planning to gain members of the organization. Our main challenge is to show the community how manual therapy has evolved in recent years and how its application continues to be important in many of our treatments, expanding the message of how this tool is an important part of helping our patients address their musculoskeletal pathologies.

#### **The future of the organisation:**

We believe that the future of our organization is to evolve into a MO with the objective of being able to have a more direct participation through the IFOMPT. We understand that working together through all global subsidiaries will allow IFOMPT to continue delivering the message of modern manual therapy throughout the world, being able to reach the largest number of colleagues with the correct message.

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